



# September 2023

## Houston Gateway Academy Supper 6-18yr

<p style="text-align: right;"><b>04</b></p>	<p><b>Lunch Entree</b> Supper Box: Yogurt, Smart Crackers and Cheese Stick</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Red Apple Slices</p> <p><b>Misc.</b> Ranch Packet</p>	<p style="text-align: right;"><b>05</b></p> <p><b>Lunch Entree</b> Turkey &amp; Cheese Sandwich</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Craisins</p> <p><b>Misc.</b> Ranch Packet</p>	<p style="text-align: right;"><b>06</b></p> <p><b>Lunch Entree</b> BBQ Chicken Slider</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Orange</p> <p><b>Misc.</b> Ranch Packet</p>	<p style="text-align: right;"><b>07</b></p>
<p><b>Lunch Entree</b> Wowbutter &amp; Jelly Sandwich</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Apple Crisps</p> <p><b>Misc.</b> Ranch Packet String Cheese</p>	<p style="text-align: right;"><b>11</b></p> <p><b>Lunch Entree</b> Ranch Chicken Slider</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Red Apple Slices</p>	<p style="text-align: right;"><b>12</b></p> <p><b>Lunch Entree</b> BYO Turkey Pepperoni Pizza Kit</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Misc.</b> Ranch Packet</p>	<p style="text-align: right;"><b>13</b></p> <p><b>Lunch Entree</b> Turkey Ham &amp; Cheese on Hawaiian Bun</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Orange</p> <p><b>Misc.</b> Ranch Packet String Cheese</p>	<p style="text-align: right;"><b>14</b></p>
<p><b>Lunch Entree</b> Fritos &amp; Bean Dip</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Apple Crisps</p> <p><b>Misc.</b> Ranch Packet String Cheese</p>	<p style="text-align: right;"><b>18</b></p> <p><b>Lunch Entree</b> Turkey Ham &amp; Cheese Croissant Sandwich</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Red Apple Slices</p> <p><b>Misc.</b> Ranch Packet</p>	<p style="text-align: right;"><b>19</b></p> <p><b>Lunch Entree</b> Parmesan Garlic Chicken Bites + Dinner Roll</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Craisins</p> <p><b>Misc.</b> Ranch Packet</p>	<p style="text-align: right;"><b>20</b></p> <p><b>Lunch Entree</b> Supper Box: Turkey Squares &amp; Cheese Cubes with Crackers</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Orange</p> <p><b>Misc.</b> Ranch Packet</p>	<p style="text-align: right;"><b>21</b></p>
<p><b>Lunch Entree</b> Fritos &amp; Taco Dip</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Apple Crisps</p> <p><b>Misc.</b> Ranch Packet String Cheese</p>	<p style="text-align: right;"><b>25</b></p> <p><b>Lunch Entree</b> Bagel with Cream Cheese &amp; Wowbutter</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Red Apple Slices</p> <p><b>Misc.</b> Ranch Packet String Cheese</p>	<p style="text-align: right;"><b>26</b></p> <p><b>Lunch Entree</b> Turkey &amp; Cheese Sandwich</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Craisins</p> <p><b>Misc.</b> Ranch Packet</p>	<p style="text-align: right;"><b>27</b></p> <p><b>Lunch Entree</b> Honey Mustard Chicken Slider</p> <p><b>Vegetables</b> Baby Carrots</p> <p><b>Fruit</b> Orange</p> <p><b>Misc.</b> Ranch Packet String Cheese</p>	<p style="text-align: right;"><b>28</b></p>

All K-12 Breakfast and Lunch are served with a choice of milk. Preschool and Supper meals are served with 1% white milk. Milk is not offered at snack.

This institution is an equal opportunity provider.